

# New & Different For You!

DisAbility Partners – Asheville Office



Check out our page for more news, information and events.

## **Play Games!**

**Turn off the TV**

[https://www.arkadium.com/  
free-online-games/](https://www.arkadium.com/free-online-games/)

## **Virtual Events Online!**

Do an internet search for events such as trivia, charades, watch parties and more!

**Fun For ALL**

## **Free Virtual Tours Online**

Visit Zoos, Museums such as The Louvre, Parks and more!

Visit:

<https://www.refinery29.com/en-us/2020/03/9576127/free-virtual-tours-online>

NAMI Western Carolina hosts Family Support Groups each week. To find out more about joining any of NAMI's groups, please go to [www.namiwnc.org](http://www.namiwnc.org), click on the SUPPORT tab, then find the group or groups best for you. There you will find a link to the "Family Support Group Video Conference" agreement which has instructions about how to register.

NAMI Western Carolina Chapter

## **Make Everyone's Day!**

**Check out TikTok**

<https://www.tiktok.com>

**12 Baskets Café** provides to-go meals at **610 Haywood Road** each **Tuesday & Friday from 11a-1p.**

Find them on Facebook.

A Manna Partner Agency

## **Channel Your Inner Creativity**

Start with just one word – on a piece of paper or your computer.

More information at:

<https://workspace.digital/9-ways-to-channel-creativity/>