Pathways for the Future, dba Western Alliance 108 New Leicester Hwy Asheville NC 28806

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DISABILITY PARTNERS EXPRESS

DISABILITY PARTNERS EVENTS





Friday, June 9 - Karaoke 2-3:30pm. Join in the fun and sing to the popular tunes.

Friday, June 9 - Potluck Celebrating Summer - 3:30 pm. We will provide the hamburgers. Suggested items to

bring: buns, cheese, sliced tomatoes, sliced onions, pickles, potato chips, potato salad, pasta salad, your favorite side dish and dessert or drinks.

Friday, July 14 - Indoor Picnic - Noon. <u>Please note the time change!</u> We will provide the fried chicken and a vegetarian option. Suggested items to bring: your favorite side dish such as potato salad, pasta salad, baked beans, corn, fruits or veggies, drinks. We will have a celebration cake to share. Please let us know if you plan to attend so we will have enough food and beverages for everyone.

Friday, July 14 - ADA Celebration - 2:00 pm. We are celebrating the 27th Anniversary of the Americans with Disabilities Act. Information and speakers will highlight the history and the purpose of this important piece of legislation.

Friday, August 11 - How to Deal with Rude People - 2-3:30 pm. Tired of nosy people or just rude people? Tired of inappropriate comments? Join us and learn the best practices to deal with rude people.

Friday, August 11 - Potluck (Dog Days of Summer) 3:30 pm. We will provide hotdogs and a vegetarian option. Suggested items to bring: buns, coleslaw, potato chips, baked beans, potato or pasta salad, chili, chopped onions, dessert, drinks.



DISABILITY PARTNERS' ADVISORY BOARD

DisAbility Partners Center for Independent Living is seeking individuals to be a part of the Advisory Board. An Advisory Board is a group of people who, on a volunteer basis, can share their expertise and experience to help support and guide our Governing Board and staff. They take an active role generating thoughts and ideas in helping the organization achieve its goals and objectives. Board members past and present come from various backgrounds with a wide array of experience that contributes to the overall success of DisAbility Partners. Members can be from area agencies, from local colleges as students or from a household with a desire to make a change. Mostly though, we are seeking individuals with disabilities with the experience and knowledge to point out the needs and challenges surrounding our goals. If you are interested in taking on the role as an Advisory Board member for DisAbility Partners, please contact us at 828-298-1977 for more information or email khollingsworth@disabilitypartners.org.

COMPUTER DONATIONS

DisAbility Partners' computer program, CyberPals, continues to provide refurbished computers to our consumers. The computers that are refurbished are generous donations from individuals and area businesses. Recently, the operating system has been upgraded to Windows 10. Now we are seeking both desktop & laptop computers and all-in-ones that are Windows 10 compatible. How can you identify a computer to be Windows 10 compatible? Any computer purchased after 2009 and any computer with an intel dual-core chipset or newer. Each computer will have a label on the case (typically the front panel) that will identify the chipset. We also need working keyboards, mice and LED monitors, and also printers that work. We cannot accept other items but you may donate them at Goodwill to keep them out of the landfills. Computers can be donated Monday –Friday between the hours of 8:30 am and 5:00 pm. Donations are accepted at 108 New Leicester Highway, Asheville at the back door. All donations are tax deductible and much appreciated.

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What is the Difference Between SSDI and SSI?

The two most common disability benefit from the Social Security Administration are SSDI and SSI. Social Security Disability Insurance (SSDI) is based on a person's work history, either through their own employment or a family member such as a spouse or parent. A person who qualifies for SSDI receives Medicare after 24 months of receiving payments. Medicare will be available immediately to individuals with Amyotrophic Laterals Sclerosis (ALS).

Supplemental Security Income (SSI) is a means-tested program for people for older adults and people with disabilities. SSI is based on limited income and resources unlike SSDI which is based on work credits. SSI recipients will automatically qualify for Medicaid once they receive SSI cash benefits.

Social Security uses a strict definition of disability that relates to your ability to perform work and the projected length of your disability. It is required for a person to submit medical records to support an application for disability benefits. A person would not be eligible for SSDI or SSI if they have either a short-term or a partial disability.

In some circumstances, you can receive both Supplemental Security Income (SSI) and Social Security Disability Insurance (SSDI) benefits at the same time. This is commonly referred to as "concurrent benefits". To receive concurrent benefits, you must be approved for SSDI, but receive low monthly payments through the program. This happens when a person has worked very little or not at all in the last 10 years, had very little work history at the time the disability occurred, acquired a disability at a young age before building a significant work history or earned relatively low wages throughout the course of your employment history.

To apply for SSDI or SSI, there is an online application or you can contact the local Social Security office to apply. An online application for SSI for children under the age 18 is not available at this time. Applying can be done at the local Social Security office or by calling 1-800-772-1213 (TTY 1-800-325-0778) between 7 am - 7 pm, Monday through Friday.

Did you know we have a Facebook page? Find us at **DisAbility Partners**

- **Asheville Office.** Like our page and keep up with upcoming events like potluck and fun classes as well as news and happenings from other disability-related prganizations from all over the United States.





Spread the Word to End the Word

T LIKE US ON FACEBOOK

Spread the Word to End the Word was created by Soeren Palumbo and

Tim Shriver in 2009 and efforts continue each year by young people participating from all across the United States and other parts of the world. "Words matter," says Tim Shriver, now the CEO of Special Olympics. Language affects attitude. Attitudes impact actions and thoughts. Even now, many people do not realize the hurtful, dehumanizing and exclusive effects the R-word have on society. Below are a few of the impacts it has on lives when someone uses the R-word casually in a joke or everyday speech:

The R-word spreads hurt. Words can hurt. "It is wrong to pain people with your language," and "when you pepper your speak with the R-word you are spreading hurt," says John C. McGinley, actor on television's show, *Scrubs*.

The R-word is offensive. This word is considered hate speech and emphasizes negative stereotypes. The word offends people with intellectual disabilities as well as family, friends and care-takers. It promotes alienation and separation.

The R-word is Derogatory. "...any use of the word, even when used as slang and not intended to be offensive, is hurtful – because it will always be associated with people who have disabilities," says Sara Mitton, a Board Member of Treasure Valley Down Syndrome Association.

The R-Word is hate speech. Founding member of Spread the Word to End the Word Soeren Palumbo states, "I don't think you understand how much you hurt others when you hate. And maybe you don't realize that you hate." He continues, "It's more hateful than racism, more hateful than sexism, more hateful than anything."

The R-word is Exclusive. When one person calls another person the R-word, it means they are excluding people with intellectual disabilities from everyone else. Using the R-word purposely wrongly separates one group of people as a "lesser" group.

The R-word ignores Individuality. "Everyone has a gift and the world would be better off if we recognized it," says Tim Shriver. Let's celebrate one another for who we are instead of breaking one another down. This is something each and every person can do.

The R-Word equates intellectual disability with being dumb or stupid. This implies the only thing a person with an intellectual disability has to offer is being dumb. To join the campaign to End the Word or to learn more, visit http://www.r-word.org/ and take the pledge to end the way people use the R-word.